

# **LAS SENDAS CARDIOLOGY**

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## **STRESS TEST DATE AND TIME:**

STRESS TEST INSTRUCTIONS:

### **24 HOURS BEFORE YOUR TEST**

NO CAFFEINATED OR DECAFFEINATED COFFEE, COLA OR TEA

### **THE DAY OF YOUR TEST:**

#### **DO NOT:**

EAT OR DRINK 4 HOURS PRIOR TO THE TEST. APPLY CREAMS, OILS AND LOTIONS. WEAR WIRE BRAS, JEWELLERY, ZIPPERS OR METAL BUTTONS.

#### **DO:**

MAY TAKE A SHOWER. WEAR COMFORTABLE CLOTHES, SOCKS AND WALKING TENNIS SHOES. BRING A SWEATER AS THE ROOM MAY BE COLD. BRING A SNACK AND A CAFFEINATED DRINK AS THERE WILL BE A SNACK BREAK. BRING ALL YOUR MEDICATIONS. ALLOW 4 HOURS TO COMPLETE THE EXAM.

### **DESCRIPTION OF THE STRESS TEST:**

YOU WILL REGISTER, ASKED TO SIGN A CONSENT FORM AND AN IV WILL BE INSERTED IN YOUR ARM.

A TRACER WILL BE INJECTED AND 15 MINUTES LATER FIRST SET OF PICTURES WILL BE TAKEN WITH A CAMERA WHILE YOU ARE IN THE CAMERA CHAIR. THE IMAGES REQUIRE YOU TO BE IN THE CAMERA CHAIR FOR 15 MINUTES.

AFTER THE FIRST SET OF PICTURES, YOU WILL UNDERGO A STRESS TEST UNDER DR AHMAD'S SUPERVISION. YOUR EKG, BP AND HEART RATE WOULD BE MONITORED DURING THE STRESS TEST.

AFTER THE STRESS TEST THE IV LINE WOULD BE REMOVED AND YOU MAY EAT, DRINK AND TAKE HOME MEDICATIONS IF NEEDED.

YOU WILL THEN WAIT FOR 30-60 MINUTES FOR THE SECOND SET OF IMAGES.

THE SECOND SET OF IMAGES WILL TAKE 15 MINUTES. YOU MAY THEN CHECK OUT AND GO HOME

### **CANCELLATION POLICY**

THE RADIOACTIVE AGENT IS ORDERED UNDER YOUR NAME, IS EXPENSIVE CANNOT BE UTILIZED FOR ANOTHER PATIENT, WE REQUIRE 48 HOUR NOTICE FOR CANCELLATIONS. OTHERWISE, YOU WILL BE CHARGED A CANCELLATION FEE FOR THE COST OF THE AGENT IN THE AMOUNT OF \$400.00

WITHIN 72 HOURS OF THE STRESS TEST, IF YOU WILL BE GOING THROUGH AIRPORTS, GOVERNMENT BUILDINGS OR BORDER, PLEASE INFORM THE DOCTOR AND OBTAIN A LETTER FROM HER.

MEDICATION INSTRUCTION:

PREGNANCY TEST: DATE:

DECLINED:

INITIALS

PRINTED NAME:

SIGNATURE:

DATE: